

2019 Valley Summer Volleyball Camps



Registration:

Go to discover.wdmcs.org/online-payments to secure your spot with WDMCS' online registration system.

Payment:

SEND ALL PAYMENTS TO:
Valley High School
Attn: Valley Athletics—Volleyball
Camp 3650 Woodland Avenue
West Des Moines, IA 50266

PLEASE MAKE CHECKS PAYABLE TO:
Valley Athletics (include attendee's
name & Volleyball Camps in the
notes)

Skills Camp @ VSW 9th Grade

Mon-Thurs June 17-20

9-Noon – Basic Skills ½ Day Camp (\$120)

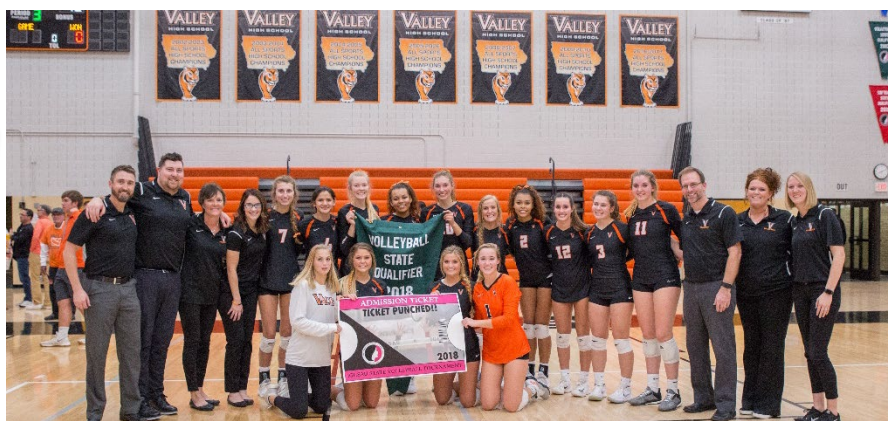
Geared for players w/less than 2 yrs exp. VSW gym

9-Noon – Intermediate Skills (\$120)

Geared for players w/2 or more yrs exp. VSW gym

1:30-5:30 – Advanced/HS Skills (\$150)

Geared for players entering 9-12th grades



Competition Camps - Mon-Wed July 15-17

(\$90) 9AM-11:30 3rd-8th grade @ VHS Fieldhouse

fun games and activities geared for teaching teamwork and basic systems of play

(\$110) 12:30-3:30 9-12th grade @ VHS Fieldhouse

Designed for 9-12th graders with an emphasis on competitive drills, strategies for success, & mental training.

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