2019-20 Course Catalog

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Dear Parents and Guardians:

Welcome to Valley Southwoods Freshman High School. The purpose of this catalog is to present course offerings for your freshman year of high school. We look forward to working with you during the 2019-20 school year. During February, your child will have an opportunity to request courses for the next academic year. Within this publication, you will find pertinent information regarding the credit and course requirements for earning a Valley diploma (page 4). Please make sure you take time to read through the course description catalog so you have a clear sense of credit expectations. When determining course selection, it is important to consider your child’s abilities, interests, and career aspirations.

In the chart below, please note registration activities and corresponding dates. The registration process begins with an overview of the Valley Southwoods course description catalog to students in eighth-grade math classes and ends with Parent Night at Valley Southwoods.

<table>
<thead>
<tr>
<th>DATE</th>
<th>REGISTRATION ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mark your calendars: Monday, Jan. 28, 7-8 p.m.</td>
<td>Eighth- to Ninth-Grade Parent Night at Valley Southwoods</td>
</tr>
<tr>
<td>Monday, Feb. 11</td>
<td>Valley Southwoods Administration at Stilwell Junior High</td>
</tr>
<tr>
<td>Tuesday, Feb. 12</td>
<td>Valley Southwoods Administration at Indian Hills Junior High</td>
</tr>
<tr>
<td>Friday, Feb. 18</td>
<td>Junior high course requests due to Valley Southwoods</td>
</tr>
<tr>
<td>Mark your calendars: Monday, April 15, 4-6 p.m.</td>
<td>Eighth-Grade Student and Parent Building Tours</td>
</tr>
</tbody>
</table>

The registration process is one of the most integral activities you can engage in with your child to help shape his or her learning experience at both Valley Southwoods and Valley. Please take time to discuss course options, and do not hesitate to seek assistance from classroom teachers, counselors, and administrators. Sound choices provide a strong foundation and a concrete path for academic success.

Sincerely,

Mitchell Kuhnert, Principal
Haley Henry, Associate Principal

Counselors:
• Tess Grandgenett (A-K)
• TJ Cox (L-Z)
## Requirements for Graduation

To graduate from Valley High School, you must have a minimum of 48 credits, including 4 P.E. credits. The specific requirements are as follows:

### English and Language Arts (Total required credits: 8)

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language and Literature</td>
<td>9</td>
<td>2</td>
</tr>
<tr>
<td>Speech Communication</td>
<td>9, 10, 11, or 12</td>
<td>1</td>
</tr>
<tr>
<td>Fundamentals of Writing</td>
<td>10, 11, or 12</td>
<td>1</td>
</tr>
<tr>
<td>Literature course</td>
<td>10, 11, or 12</td>
<td>1</td>
</tr>
<tr>
<td>Language Arts elective</td>
<td>9, 10, 11, or 12</td>
<td>3</td>
</tr>
</tbody>
</table>

- Literature and Composition/Fundamentals of Writing (2 credits) fulfills the ninth-grade Language & Literature requirement and the 10th-grade Fundamentals of Writing; students must meet entrance criteria.
- Debate I/Public Speaking (2 credits) fulfills the Speech Communications graduation requirement and the Language Arts elective.
- Speech Composition (2 credits) fulfills the Speech requirement and the Fundamentals of Writing requirement.
- Students need to verify Valley course selection to ensure that they meet Language Arts requirements for their post-secondary school of choice.

### Fine Arts (Total required credits: 1)

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fine Arts elective</td>
<td>9, 10, 11, or 12</td>
</tr>
</tbody>
</table>

- Areas: Art, Drama, Music

### Mathematics (Total required credits: 6, including 2 credits in Algebra)

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mathematics electives</td>
<td>9, 10, 11, or 12</td>
</tr>
</tbody>
</table>

- Eighth-grade algebra can be counted toward mathematics high school credits and toward graduation requirements. This is designated while enrolled in the course.

### Physical Education (Total required credits: 4, .5 credit per semester)

- All students will be required to obtain credit in P.E. during each semester of attendance as a requirement for graduation. Exemptions will be granted in accordance with law and policy.
- Successful completion of the four required units is mandatory during the sophomore year. Requirements can be completed by choosing from electives during the junior and senior years.

### Science (Total required credits: 6)

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Science</td>
<td>9</td>
</tr>
<tr>
<td>Science electives</td>
<td>10, 11, or 12</td>
</tr>
</tbody>
</table>

- Ninth-grade biology fulfills the Physical Science requirement; students must meet entrance criteria.

### Social Studies (Total required credits: 6)

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Studies electives</td>
<td>9, 10, 11, or 12</td>
<td>2</td>
</tr>
<tr>
<td>U.S. History or American Heritage</td>
<td>11</td>
<td>2</td>
</tr>
<tr>
<td>Economics</td>
<td>11 or 12</td>
<td>1</td>
</tr>
<tr>
<td>Government</td>
<td>12</td>
<td>1</td>
</tr>
</tbody>
</table>
Your Classes

All Valley Southwoods students must register for four core area full-credit courses, P.E., and at least one elective course each semester.

**Required Core Area Courses at Valley Southwoods**
- Physical Science
- Geographic Cultural Studies
- Language and Literature
- One of the following math courses: Algebra A, Algebra B, or Geometry C (advanced course)

Eligible students may take advanced courses in one or more core areas to meet the course requirements. See the Advanced Options section.

**Required Physical Education Course Each Semester**
P.E. class meets alternating days (0.5 credit per semester). You will be placed in a study hall or another class on days opposite P.E.

**Required Elective Course Each Semester**
You need to enroll in at least one elective course each semester. If you wish, you may take up to three electives each semester. You will be placed in a study hall for each period you are not in an elective class.

One-semester elective course options:
- Art: Photographic Foundations
- Art: Three-Dimensional Foundations
- Art: Two-Dimensional Foundations
- Family Consumer Science
- Foundations of Business
- Foundations of Tech. and Engineering
- Marching Band/Color Guard (must have registered for band and/or orchestra and/or vocal music)
- Speech Communications
- Theatrics

Full-year elective course options:
- Band
- Chorus: Bass Clef
- Chorus: Treble Clef
- Debate I/Public Speaking
- Introduction to Engineering and Design (prerequisite: Algebra or concurrently enrolled)
- Orchestra
- Peer Partner P.E. (prerequisite: screening process)
- Peer Partner Art (prerequisite: screening process)
- World Languages (Mandarin Chinese I, French I, German I, Latin I, Spanish I, Spanish II)
Full-year elective courses earned through audition (generally in the spring):

- Jazz Studies & Performance (prerequisite: audition process only for skill level and concurrent enrollment in band)
- Southwoods Singers (prerequisite: audition process and concurrent enrollment in Bass Clef Choir or Treble Clef Choir)

Jazz Studies and Southwoods Singers classes meet on alternating days (0.5 credit per semester). You will be placed in a study hall or P.E. on days opposite this class.

**Special Programs/Electives**
Special programs/electives are offered at Valley Southwoods to help meet individual needs of students. (You will need your teacher’s recommendations to be eligible for these classes.)

- English for Speakers of Other Languages (ESOL)
- ESOL Language Arts
- Extended Learning Program (ELP)
- Learning Lab
- Math Resource
- Reading Resource
Important Deadlines

- The deadline for requesting a course change is the last day of your eighth-grade school year. Changes may be made only if space is available in the class. Change requests can be made by going to www.wdmcs.org/schools/valley-southwoods/counseling/ and clicking on ‘Course Change Request Form’ link.

- During the first three days of each semester, you may request to “add” a non-required course. You may not add a course after the third day of the semester.

- You may “drop” a non-required course with no penalty during the first 10 days of each semester. If you drop a course between days 11 and 20, your transcript will show a withdrawal. If you choose to drop a class after day 20 in the semester, you will receive a failing grade, and you will be assigned to study hall.

Exceptions may be approved by the administrator; however, it is very difficult to change courses after the master schedule is made. Be sure to give considerable thought to your course selection.
### Art Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Photographic Foundations (ART105 or ART106)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
<tr>
<td>Three-Dimensional Foundations (ART205 or ART206)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
<tr>
<td>Two-Dimensional Foundations (ART203 or ART204)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
</tbody>
</table>

**Photographic Foundations**  
**ART105 Or ART106**  
**First OR Second Semester**

Photographic Foundations is an introductory-level course and requires no previous photography experience. The course will investigate cameras and basic darkroom skills, including processing and printing black and white images. Material fee covers black and white film, darkroom chemicals, and presentation supplies. This course will provide a foundation for further study in Applications-level art courses at Valley High School. This is a one-semester course.

**Three-Dimensional Foundations**  
**ART205 or ART206**  
**First OR Second Semester**

Three-Dimensional Foundations is an introductory-level course and requires no previous art experience. The course will investigate ceramic and metal skills, including wheel throwing and metal fabricating. Materials fee covers basic ceramic, metal, and presentation supplies. This course will provide a foundation for further study in Applications-level art courses at Valley High School. This is a one-semester course.

**Two-Dimensional Foundations**  
**ART203 or ART204**  
**First OR Second Semester**

Two-Dimensional Foundations is an introductory-level course and requires no previous art experience. The course will investigate the creative process of drawing and painting skills. Materials fee covers basic drawing, painting, and presentation supplies. This course will provide a foundation for further study in Applications Level art courses at Valley High School. This is a one-semester course.
Business Education Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundations of Business (BUS109 or BUS110)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
</tbody>
</table>

**Foundations of Business**
**BUS109 Or BUS110**
**First OR Second Semester**

Foundations of Business is a one-semester course that builds keyboarding skills while teaching business concepts through simulations and 21st-century learning activities. This course focuses on developing employability skills utilizing technologies. Upon successful completion of this course, students will be better prepared to successfully apply, maintain, and grow in the business world. This is a one-semester course.
Engineering Technology Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction to Engineering and Design (DMACC) (PBLN) (TEC307 and TEC308)</td>
<td>X</td>
<td>X</td>
<td>2</td>
<td>Yes</td>
</tr>
<tr>
<td>Foundations of Technology and Engineering (TEC117 or TEC118)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
</tbody>
</table>

Introduction to Engineering Design (DMACC) (Project-Based Learning Network)
**TEC307 and TEC308**
*Elective 9-10-11-12* Full-Year Course
Prerequisite: Algebra I or concurrently enrolled

Introduction to Engineering Design is the first of a four-course menu for a pre-engineering program entitled “Project Lead the Way” (PLTW). This course will provide a foundation background for students who have an interest or aptitude in engineering. Among the topics addressed will be a survey of the different kinds of engineering careers, problem-solving activities requiring engineering applications, structural and design analysis of various gadgets/machines, and technology applications. Students will exit this course with a more accurate and realistic understanding of the roles, expectations, and types of engineering. This course must be taken for DMACC credit.

Foundations of Technology and Engineering
**TEC117 or TEC118**
Elective; First Semester OR Second Semester

Foundations of Technology and Engineering is an introductory course for all technology and engineering pathways. This course provides students with activities, projects, and a problems-based approach to learning in the areas of architecture and construction, manufacturing, engineering, and automotive. This is a one-semester course.
English and Language Arts Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cultural Studies (PBLN) (ENGp101 and ENGp102)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Debate I/Public Speaking (ENG601 and ENG602)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Language and Literature (ENG101 and ENG102)—required course for students</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Literature and Composition (ENG227 and ENG228)—advanced course</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Speech Communications (ENG107 or ENG108)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
<tr>
<td>Theatrics (ENG105 or ENG106)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
</tbody>
</table>

**Cultural Studies (Project-Based Learning Network)**
**ENGp101 and ENGp102**
**Elective; Full-Year Course**

Cultural students is a PBL integrated course. Cultural Studies is a two-semester course and is a broad-based investigation of world regions. The course focuses on the geography and cultures of Latin America, the Middle East, East Asia, Sub-Saharan Africa, Antarctica, and the Pacific World. In addition to these area studies, the course will emphasize the five themes of geography, map skills, research skills, and current global issues. This social studies course will integrate with the ninth-grade core courses and electives.

**Debate I/Public Speaking**
**ENG601 and ENG602**
**Elective; Full-Year Course**

In this full-year course, each student will develop debate and public speaking skills. Debate will include research, preparation, presentation, and evaluation of policy debate, Lincoln-Douglas debate, public forum, and legislative debate. Public speaking will include oratorical and extemporaneous speaking and interpretation of literature. Students will be required to participate in co-curricular activities beyond the school day. Requiring advanced reading comprehension and analytical skills, this rigorous course is intended for self-motivated students who can work both cooperatively and independently. This course fulfills the Speech graduation requirement only if the student completes both semesters. A debate course is required for all debate team members, and all members of the class will participate on the debate team. All students will compete in Debate I/Public Speaking in one tournament at no cost to the student.
Language and Literature
ENG101 and ENG102
Required Full-Year Course

Language and Literature is a two-semester course designed to expose students to multiple genres of literature with varying complexity and to utilize the modes of writing for different purposes. Literary genres will include fiction, nonfiction, poetry, and drama. Literature will be analyzed for craft and structure, themes, details, and character development. Informational texts will include both printed and web-based articles to accompany various thematic units, especially those involving research. When applicable, literary concepts will be integrated with different subject areas and different artistic mediums. Independent reading choices will include a mix of multicultural, young adult, and classic literature. Students will write for different purposes, with an emphasis on expository and argument. Students will utilize the writing process to craft essays, peer edit, and revise written work using standard conventions of language. Vocabulary will be studied in connection with literary units with an emphasis on meaning, content, connotation, denotation, and figurative language. Film analysis and multimedia presentations will accompany some thematic units.

Literature and Composition
ENG227 and ENG228
Advanced Full-Year Course

Literature and Composition is a compacted 2-credit course, fulfilling the graduation requirements of two semesters of Language and Literature and one semester of Fundamentals of Writing. The course moves at a rigorous pace, exposing students to multiple genres of literature with varying complexity and all of the modes of writing. Required summer coursework will be assigned and must be submitted on the first day of school. Literature will be analyzed for craft, structure, style, character development, and themes, including short stories, novels, poetry, and drama. An emphasis will be placed on Pre-AP literary analysis. Writing will include a full-length MLA style research paper, expository, personal narrative, literary analysis, and argument. Poetry will include original writing and explication of poetry with advanced analysis. Students will have weekly requirements for vocabulary development.

Speech Communications
ENG107 or ENG108
Elective; First OR Second Semester

Speech Communication is a one-semester required course designed to improve the effectiveness of verbal and non-verbal communication. Concepts and activities include the development of interpersonal skills, intrapersonal awareness, organizational skills, and delivery skills for public speaking. Students will research topics of their choice using online databases and other web resources. They will utilize presentation software and other audio/visual digital resources. Students will use technology to record and reflect upon their presentations. They will engage in group processing and discussions, as well as other activities to enhance listening and overall communication skills for application to real-life situations.

Theatrics
ENG105 or ENG106
Elective; First OR Second Semester

This one-semester course encourages the development of self and group-awareness. It will emphasize theatre culture, performance, and appreciation. National Standards for the Arts will be addressed through scriptwriting, oral interpretation, criticism, research, history, movement, ensemble work, and careers. This course will satisfy the fine arts requirement for graduation if elected. This is a one-semester course.
Family Consumer Science Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family and Consumer Science (FAM109)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
</tbody>
</table>

Family and Consumer Science
FAM109 OR FAM110
Elective; First Semester OR Second Semester

Family and Consumer Science is a one-semester course which empowers students to manage the challenges of living and working in a diverse global society. The classroom is divided into eight modules that the students rotate through on a 10-day rotation. Basic life skills are taught through the use of technology and hands-on experiences giving students essential skills and knowledge needed to achieve quality of life. All learning modules connect to additional course offerings in the family and consumer sciences. This is a one-semester course.
Math Courses

Students are required to select from one of the following math courses.

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Algebra A (MTH111 and MTH112)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Algebra B (MTH121 and MTH122)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Geometry C (MTH231 and MTH232)—advanced course</td>
<td></td>
<td>X</td>
<td>2</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Algebra A
MTH111 and MTH112
Full-Year Course

Algebra A is a two-semester course which uses the same text and course outline as Algebra B. There is, however, less emphasis on enrichment activities. Topics include operations with real numbers, solving equations and inequalities, factoring, and systems of equations, graphing, and quadratic equations.

Algebra B
MTH121 and MTH122
Full-Year Course

Algebra B is a two-semester course which helps students acquire an understanding of the structure of the number system and a knowledge of algebraic expressions and equations. This course also provides practice in the interpretation of verbal problems and training in logical thinking. Topics include operations with real numbers, solving equations and inequalities, factoring, and systems of equations, graphing, and quadratic equations.

Geometry C
MTH231 and MTH232
Advanced Full-Year Course

Prerequisite: Successful completion of Algebra I or special assessment for prerequisite knowledge (assessment can be requested for any student).

Geometry C is a two-semester course, which involves the development and study of a mathematical system. This course is designed to review and strengthen algebraic skills, develop deductive and inductive reasoning ability, and increase spatial perception. The topics include principles of logic, parallelism, congruence, similarity, circles, spheres, constructions and loci, areas, volumes, coordinate geometry, and transformations. Geometry will enable students to move into either Algebra II and Trigonometry B or Algebra II and Trigonometry C.
# Music Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chorus – Bass Clef (MUS105 and MUS106)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Chorus – Treble Clef (MUS107 and MUS108)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Chorus – Southwoods Singers (MUS201 and MUS202)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>Yes</td>
</tr>
<tr>
<td>Concert Band Ensemble (MUS101 and MUS102)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>No</td>
</tr>
<tr>
<td>Jazz Studies and Performance (MUS113 or MUS114)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>Marching Band (MUS111)</td>
<td>X</td>
<td></td>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>Orchestra (MUS103 and MUS104)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
</tbody>
</table>

**Chorus – Bass Clef**  
MUS105 and MUS106  
Elective; Full-Year Course

Membership in this full-year class is open to students who show an interest in singing and sing in the tenor/bass range. Vocal instruction is directed toward the development of the adolescent changing voice, with careful attention given to the special qualities and challenges of the voice at this age level. Vocal lessons are a significant part of the curriculum. Vocal and musical skills developed here can prepare students for participation in A Capella Choir and Valley Singers at Valley High School. This group performs at concerts, contests, conventions, and community functions.

**Chorus – Treble Clef**  
MUS107 and MUS108  
Elective; Full-Year Course

Membership in this full-year class is open to students who show an interest in singing and sing in the soprano/alto range. Vocal lessons are a significant part of the curriculum. Vocal and musical skills developed here can prepare students for participation in A Capella Choir and Valley Singers at Valley High School. This group performs at concerts, contests, conventions, and community functions.
Chorus – Southwoods Singers
MUS201 and MUS202
Elective; Full-Year Course
Prerequisite: membership in Bass or Treble Clef chorus. Membership in this full-year class is limited and earned through audition.

Auditions will be held during the spring of the students’ eighth-grade year. This select group will explore and perform a variety of select chamber music, in addition to gaining a greater understanding of advanced vocal techniques for the mixed ensemble. Included in the curriculum will be the study of composers and styles of vocal music for the chamber ensemble. The class will meet alternating days throughout the year for a total of 1 credit. The Southwoods Singers will perform approximately five concerts as well as participate in state solo and ensemble contest.

Concert Band Ensemble
MUS101 or MUS102
Elective; First Semester OR Second Semester

There are three curricular band classes students are encouraged to take. Concert Band is scheduled daily and is the core of the band program. Participation in Jazz Studies and Performance and Marching Band is contingent on enrollment and participation in Concert Band. Concerts are scheduled throughout the year and are a significant part of the curriculum. All students are provided with weekly lessons and will cover a wide range of quality literature appropriate to their level of ability. Daily instruction includes large ensemble and sectional work. All students will perform a solo during second semester. Students may also participate in student-run small ensembles and chamber groups.

Jazz Studies and Performance
MUS113 or MUS114
Elective; First Semester OR Second Semester
Prerequisite: An audition process for skill level only and concurrent enrollment in band.

This course will deal directly with the development of both individual and ensemble style in the small group (combo) and large ensemble structure. A major portion of this course will be spent discussing and evaluating the arranging techniques of various writers. Jazz theory will be emphasized with concentration on listening and analyzing writers’ styles. Students will be given the opportunity to exercise these skills through arranging/composing projects, which can be performed by the class. This will provide immediate feedback for evaluation of each student’s work.
Marching Band  
MUS111  
Elective; First Semester  
*Prerequisite:* Must be currently enrolled in Concert Band with the exception of color guard members, who may meet the enrollment prerequisite by participating in band, choir, or orchestra.

Marching Band will meet first quarter. Rehearsals will be Monday through Friday, during Early Bird. The group will include wind, percussion, and color guard, with membership open to any student who plays a musical instrument and is currently enrolled in Concert Band at Valley High School (grades 10-12) or Concert Band at Valley Southwoods (grade 9) and was enrolled in band the previous semester. Students are expected to attend summer rehearsals. Some band activities will be conducted off campus, and students will be responsible for arranging their own transportation. Course will satisfy the music elective requirement for high school. In addition to performing at home football games and IHSMA State Marching Band Festival, the Valley Marchmasters may perform at local and regional parades, celebrations, contests, and festivals. Historically, the marching band has represented the West Des Moines Community Schools outside Iowa at selected regional, national, and international festivals.

Orchestra  
MUS103 and MUS104  
Elective; Full-Year Course

Valley Southwoods Orchestra students attend daily string orchestra rehearsals and weekly private and semi-private lessons in this full-year course. Valley Southwoods Orchestra rehearsals take place before, during, and after school, depending on student schedules and needs. Orchestra students have the opportunity to perform in chamber ensembles that meet based on student availability. The Valley Southwoods Orchestra students perform in concerts, festivals, and contests.
Physical Education Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Education (PHY111 and PHY112)—required course for students</td>
<td>X</td>
<td></td>
<td>2</td>
<td>No</td>
</tr>
</tbody>
</table>

Physical Education

PHY111 and PHY112

(Total required credits: 4, .5 credit per semester)

All students will be required to obtain credit in P.E. during each semester of attendance as a requirement for graduation. Exemptions will be granted in accordance with law and policy.

The P.E. curriculum is designed to provide rigorous physical activities to maintain and enrich the quality of life. The curriculum also helps develop movement skills in activities through which students will acquire, appreciate, and maintain physical fitness essential to health and well-being throughout life. P.E. at Valley Southwoods is a required course. The curriculum consists of units including health and fitness concepts with basic fitness testing and assessment, volleyball, rhythm and aerobics, and weight training. Letter grades will be assigned and included in the grade point average.

P.E. class meets alternating days (0.5 credit per semester). You will be placed in a study hall or another class on days opposite P.E. All students need to earn (4) credits in physical education as a requirement for graduation. Please note the following:

- Students will receive 0.5 of a credit for passing a semester of physical education.
- Physical education grades are figured into the overall grade point average (G.P.A.).
- For students who are absent, the make-up work is at the discretion of the physical education teacher. Teachers will allow make-up work within one week of the last absence. Students are encouraged to make-up work in advance of absences if possible.
- Students are required to wear special clothing (athletic shorts, white or orange Valley Southwoods T-shirt, athletic shoes) during class, which will be communicated by the P.E. teacher. Students are responsible for keeping their clothing in clean and good condition. It is recommended that every article of clothing be plainly marked with the student’s first and last name.
- Each student will be issued a lock and locker to use for the school year. Students will be charged a replacement fee for any lost locks.
- Students should make sure all of their belongings are locked up when they leave the locker room. Valley Southwoods is not responsible for lost or stolen articles.
- The locker room areas will be cleaned out prior to the last day of school. Any items left after the last day of school will be donated to a charitable organization.
Medical Excuse Guidelines:

- A student may have a medical excuse for one class period from his/her parent or guardian. Depending upon the reason for the excuse, the physical education instructors may design modified activity for the student.
- Should it become necessary to excuse a student from the physical education activity for more than one class period, the student must have an extended medical excuse from a Physician stating diagnosis and activity limitations.
- Extended medical notes are to be processed by the school nurse and assignments will be made in cooperation with the physical education instructor.
- Even with a medical release, students report to class and work with the P.E. Teacher for class credit.

Physical Education teachers understand that each situation is unique and will be responsive to the health needs of individuals.
## Science Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanced Biology (SCI311 and SCI312)—advanced course</td>
<td></td>
<td>X</td>
<td>2</td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Physical Science (SCI101 and SCI102)—required course for students</strong></td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Science Elective (PBLN) (SCIp101 or SCIp102)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
</tbody>
</table>

**Advanced Biology**  
**SCI311 And SCI312**  
**Full-Year Course**  
*Prerequisite: Successful completion of Advanced Physical Science in eighth grade.*

Advanced Biology is a two-semester compacted course exposing the student to the variety of living organisms found on the planet. Life functions are studied on the chemical, cellular, organism, and community levels. Genetics, diseases, nutrition, and biotechnology are studied with an emphasis directed toward human concerns. Laboratory participation is a vital component of this course and is expected of all students.

**Physical Science**  
**SCI101 and SCI102**  
**Full-Year Course**

This two-semester course exposes students to an in-depth, and rigorous learning environment inclusive of concepts in Physics, Electricity & Magnetism, Waves, Earth’s Structure, Climate, Space Sciences, and Engineering practices. This course fulfills 2 credits of the Physical Science graduation requirements.

**Science Elective (Project-Based Learning Network)**  
**SCIp101 and SCIp102**  
**Full-Year Course**

The science elective is a PBL integrated course. First-semester science is combined with the speech elective, Speech Communications. Second-semester science is combined with the business elective, Foundations of Business. Please see the physical science, speech communications and the foundations of business course descriptions.
## Social Studies Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>AP Human Geography (SOC225 and SOC226)—advanced course</td>
<td></td>
<td>X</td>
<td>2</td>
<td>Yes</td>
</tr>
<tr>
<td>Cultural Studies (PBLN) (ENGp101 and ENGp102)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>Geographic Cultural Studies (SOC101 or SOC102—required course for students)</td>
<td></td>
<td>X</td>
<td>2</td>
<td>No</td>
</tr>
</tbody>
</table>

**AP Human Geography**  
**SOC225 and SOC226**  
**Advanced Full-Year Course**  
*Prerequisite:* Valley Southwoods will be contacting students via letter of their enrollment status in accelerated courses by the end of April.

AP Human Geography is the rigorous one-year accelerated ninth-grade social studies course. AP Human Geography introduces students to the systematic study of patterns and processes that have shaped human understanding, use, and alteration of Earth’s surface. Students employ spatial concepts and landscape analysis to examine the human social organization and its environmental consequences. They also learn about the methods and tools geographers use in their science and practice.

1. Interpret maps and analyze geospatial data.
2. Understand and explain the implications of associations and networks among phenomena in places.
3. Recognize and interpret the relationships between patterns and processes at different scales of analysis.
4. Define regions and evaluate the regionalization process.
5. Characterize and analyze changing interconnections among places.

Those students not writing the AP exam will have the course designated “Accelerated ________” on their transcript, and their grade will not be weighted. Both semesters of a yearlong course, plus writing the AP exam, are required for a weighted grade. Successful completion of an Advanced Placement course requires much more commitment to study time than a normal high school class. Therefore, before registering for these classes, it is highly recommended that the student assess his or her total course schedule as well as the amount of involvement in extracurricular activities. Students should consider including at least one study hall each day for additional assistance and an opportunity for make-up after an absence.
**Cultural Studies (Project-Based Learning Network)**  
**ENGp101 and ENGp102**

Cultural students is a PBL integrated course. Please see the Language and Literature and Global Cultural Studies course descriptions.

**Geographic Cultural Studies**  
**SOC101 and SOC102**  
**Full-Year Course**

Geographic Cultural Studies is a two-semester course and is a broad-based investigation of world regions. The course focuses on the geography and cultures of Latin America, the Middle East, East Asia, Sub-Saharan Africa, Antarctica, and the Pacific World. In addition to these area studies, the course will emphasize the five themes of geography, map skills, research skills, and current global issues. This social studies course will integrate with the ninth-grade core courses and electives.
## Special Programs

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>English for Speakers of Other Languages (ESOL) (ENG201 or ENG202)</td>
<td>X</td>
<td>1</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Extended Learning Program (ELP) (MIS101 and MIS102)</td>
<td>X</td>
<td>1</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Learning Lab (MIS103 and MIS104)</td>
<td>X</td>
<td>1</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Math Resource (MTH099 and MTH100)</td>
<td>X</td>
<td>1</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Peer Partner Art (ART401 and ART402)</td>
<td>X</td>
<td>1</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Peer Partner P.E. (PHY401 and PHY402)</td>
<td>X</td>
<td>1</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Reading Resource (MIS107 or MIS108)</td>
<td>X</td>
<td>1</td>
<td>No</td>
<td></td>
</tr>
</tbody>
</table>

**English for Speakers of Other Languages (ESOL)**

**ENG 101 and ENGe 102**

**Full-Year Course**

Non-English- or limited English-speaking students are enrolled in ESOL class after a period of evaluation by the ESOL teacher. Program objectives are as follows:

- To teach students the skills in speaking, listening, reading, and writing that will allow them to function in high school.
- To help students understand and participate in American cultural life.
- To assist students in learning to use English as a natural vehicle of communication.

Two semesters of ESOL may be counted as fulfilling two of the six high school language arts credit requirements, one literature course, and one elective. Six semesters of ESOL may be counted as elective credits used to fulfill graduation requirements. With the exception of the special provisions stated above, ESOL students must meet all graduation requirements of Valley High School in order to receive a diploma.
Extended Learning Program (ELP)
MIS105 and MIS106
Full-Year Course
Prerequisite: Invitation and parent permission

This program is designed for identified gifted and talented students (invitation is based upon selection into the gifted and talented program and is limited) who wish to continue their individual development through autonomous enrichment activities. Meeting on alternate days, the course is based upon the Autonomous Learner Model and will allow individual development through self-awareness and in-depth studies. Students may choose to work on special academic needs, create and present seminars, or become involved in various academic competitions. Since the program builds on each year, it can be repeated for a maximum of four years and 4 credits (0.5 credit per semester).

Learning Lab
MIS103 and MIS104
Full Year Course

An academic support teacher will serve identified students in need of academic, social, or emotional assistance. The teacher will help students develop the academic, social, and self-management skills they need to succeed.

Students from Indian Hills and Stilwell will be assigned to the Learning Lab at Valley Southwoods by the Valley Southwoods Administration. This class meets every other day for 0.5 credit per semester.

Math Resource
MTH099 and MTH100
Full-Year Course

Math Resource is a two-semester course that meets every other day. Students will receive a 0.5 elective credit per semester completed. This is a pass/no pass class. The purpose of this course is to provide students with additional direct instruction in math skills and strategies. Students will be assessed for problem areas, and review key concepts using a variety of strategies and methods. Students will be assessed for problem areas, and review key concepts using a variety of strategies and methods identified in the Iowa Core Mathematics standards. If it becomes apparent by the building administrator, that the student has been inappropriately placed, an adjustment will be made. Enrollment is based on multiple data points from the math teacher to make an informed recommendation.

Peer Partner Art
ART601 and ART602
Full-Year Course
Prerequisite: screening process

In this class, entitled students with significant physical and/or intellectual disabilities participate with Valley Southwoods student coaches in a modified curriculum and level of activity resulting in a safer environment and enhanced learning possibilities. Student volunteers will be chosen through a screening process. This class meets every other day for 0.5 credit per semester. This course will require a study hall on the opposite day of Peer Partner Art. This course does not meet the art elective credit requirements for graduation.
Curricular topics include: Video/Performance Art—different viewpoints, Abstract Art—emphasis on color and texture to express feeling and emotion, Conceptual Art—meaning/concepts (most important: student choice), discovering and use of new techniques with traditional art materials, and peer portraits using varying art mediums. Classroom activities include: students working collaboratively on art projects; students using varying art materials (paint, colored pencils, chalk pastels, clay, mixed media, video and digital); students learning about varying artists with personal and other connections to students in class; and creating collaborative art projects in the community. Students requesting this course will be required to submit an application and will be interviewed by the Valley Southwoods teacher before being selected as a student coach for this class. Application must be attached to registration worksheet. Applications are available in your junior high main office.

Peer Partner P.E.
PHY401 and PHY402
Full-Year Course
Prerequisite: screening process

In this class, entitled students with significant physical and/or intellectual disabilities participate with Valley Southwoods student coaches in a modified curriculum and level of activity resulting in a safer environment and enhanced learning possibilities. Student volunteers will be chosen through a screening process. This class meets every other day for 0.5 credit per semester. This course will require a study hall on the opposite day of Peer Partner P.E. which may be used for class planning with the teacher. This course does not meet the P.E. requirement for graduation. Students requesting this course will be required to submit an application which will be screened by the Valley Southwoods teacher before being selected as a student coach for this class. Application must be attached to registration worksheet. Applications are available in your junior high main office.

Reading Resource
MIS107 and MIS108
Full-Year Course

The purpose of this class is to provide students with additional time to read and develop reading skills and strategies necessary to meet grade-level standards. Enrollment is based on test scores and teacher recommendations. The following criteria will be utilized to determine if a student should be placed in reading resource:

Eighth- to Ninth-Grade:
1. SRI screener (scores in the below basic range)
2. Iowa Assessment (standard scores consistently in the non-proficient range)
3. Teacher recommendation
4. English Language Proficiency scores for English Learners

If it becomes apparent by the building administrator that the student has been inappropriately placed, an adjustment will be made. This class meets every other day for 0.5 credit per semester.
# World Language Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>One semester</th>
<th>Two semesters</th>
<th>Credit</th>
<th>Prerequisite Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mandarin Chinese I (FRL109 and FRL110)</td>
<td>X</td>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>French I (FRL101 and FRL102)</td>
<td>X</td>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>German I (FRL105 and FRL106)</td>
<td>X</td>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Latin I (FRL107 and FRL108)</td>
<td>X</td>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Spanish I (FRL103 and FRL104)</td>
<td>X</td>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Spanish II (FRL203 and FRL204)</td>
<td>X</td>
<td>2</td>
<td>Yes</td>
<td></td>
</tr>
</tbody>
</table>

**Mandarin Chinese I**
**FRL109 and FRL110**
**Full-Year Course**

Mandarin Chinese I is a full-year introduction to the Mandarin Chinese I language and an exploration of the Chinese culture. Students will develop their Chinese language foundation in speaking, listening, reading, and writing.

**French I First Semester**
**FRL101 and FRL102**
**Full-Year Course**

A full-year course designed to develop the student’s skill in listening comprehension, speaking, reading, and writing. Successful completion of first-year French should enable the student to engage in simple conversations and to read and write French within reasonable limits. The language lab is an integral part of the course and an important supplement to speaking and listening comprehension. The student will also be exposed to the culture of France.

**German I**
**FRL105 and FRL106**
**Full-Year Course**

This full-year course is an introduction to the German language and to the culture of Germany, Austria, and Switzerland. After one year, the student will be able to converse, read, and write standard German at the novice level. Course will be taught at Valley High School.
Latin I
FRL107 and FRL108
Full-Year Course

Latin I is a full-year course that involves learning to read and write the Latin language. Although Latin is not spoken in the modern world, this course emphasizes correct pronunciation of conversational idioms based upon ancient authors and its relationship to all the Romance languages and English, as well as providing a structural basis for spoken languages which use case—such as Russian and German. Latin trains the memory, enhances word power, provides the opportunity to develop reasoning ability, and strengthens reading skills. The first year also includes Roman culture, mythology, and history. The course will be taught at Valley High School.

Spanish I
FRL103 and FRL104
Full-Year Course

Spanish I, a full-year course, is an introduction to the Spanish language and the culture of Spanish-speaking countries. Speaking, reading, writing, and listening skills will be developed through varied classroom activities. Students will gain a basic working vocabulary for communication. Language lab activities, written and oral, are required.

Spanish II
FRL203 and FRL204
Full-Year Course
Prerequisite: Successful completion of Spanish I or teacher recommendation

Spanish II is a full-year course which emphasizes the continued development of listening, reading, speaking, and writing skills, in addition to an appreciation of the various Spanish-speaking cultures. These skills will be further developed through a wide range of activities, individual and class projects, and supplemental books and tapes. Language lab activities, written and oral, are required.
Advanced Options at Valley Southwoods

Four advanced or compacted core courses are offered for eligible students at Valley Southwoods Freshman High School.

Deciding to take an advanced class is a challenging and exciting decision to make. Most often the best decisions are made when they are well informed and considerate of as many sources of information as possible. Prospective students are encouraged to consider input from their parents/guardians, current and former teachers, counselors, and administration. Students should anticipate that Advanced courses are often conducted at a quicker pace with compacted learning experiences. Students should expect a rigorous learning environment. Please consider the following when weighing a decision to take an advanced class.

Enrollment Considerations
- A pattern of strong classroom performance
- Supportive assessment performance  Examples: Iowa Assessments, Cognitive Abilities Test, Belin-Blank, Summative Assessment Tools (Final Course Exams)
- Student ability to self-advocate

Key Learner Characteristics
- High interest in learning academic subject at an advanced level
- Positive attitude about engaging in challenging academic work both at school and outside of school
- Successful managers of their time (able to multitask, to prioritize activities, to make deadlines, and to balance academic & extracurricular activities well)

Appeals
- Students who narrowly miss the eligibility requirements may appeal the decision to their junior high principal. The deadline for appeals for students currently enrolled in the district is the last day of the third quarter. No changes will be made after this deadline.

Eligibility for the Honors Program at Valley High School: Students who earn a 3.5 GPA and successfully complete the following courses at Valley Southwoods are eligible for participation in the Honors Program at Valley High School:
- Biology
- AP Human Geography
- Geometry C
- Literature and Composition
- World Language

Special Education

Special education services are determined for individual students by a staffing team consisting of the parents, school staff, and Heartland AEA representatives. The district provides a broad continuum of services to assist students with disabilities.
Special Academic Information

ACADEMIC LETTER: Students must carry at least 5.5 credits for letter grades and maintain a 3.4 grade point for two consecutive semesters in the same year to qualify for an Academic Letter. A student electing to take a class Pass/No Pass should note that the class does not count as a letter grade/credit when determining whether a student qualifies for the Academic Letter.

HONOR ROLL: Students carrying 4.5 or more credits for letter grades that have a 3.4 grade point or better qualify for the Honor Roll. The Honor roll is selected two times each school year: at the end of first semester and second semester.

Grading, Placement, and Honors Diploma

GRADING SYSTEM: Advanced Placement courses are weighted by 1.0 quality points. The grading system follows:

<table>
<thead>
<tr>
<th>AP Courses</th>
<th>All Other Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.0 = A</td>
<td>4.0 = A</td>
</tr>
<tr>
<td>4.0 = B</td>
<td>3.0 = B</td>
</tr>
<tr>
<td>3.0 = C</td>
<td>2.0 = C</td>
</tr>
<tr>
<td>2.0 = D</td>
<td>1.0 = D</td>
</tr>
<tr>
<td>0 = F</td>
<td>0 = F</td>
</tr>
</tbody>
</table>

ADVANCED PLACEMENT: Advanced Placement is an international program of college-level rigorous curriculum of courses and examinations. Valley High School currently offers 22 classes to prepare students for the examinations each May. Advanced Placement coursework and examination scores are used for college admissions and acceleration. College credit is granted if an acceptable score has been earned on an Advanced Placement examination given in May. Each exam has a cost of approximately $95 that will be incurred by the student. If students are in need of financial assistance to help with the cost of AP exams, please see your assigned counselor for information.

Those students not writing the AP exam will have the course designated “Accelerated _____________” on their transcript, and their grade will not be weighted. Both semesters of a yearlong course, plus writing the AP exam, are required for a weighted grade. Successful completion of an Advanced Placement course requires much more commitment to study time than a normal high school class. Therefore, before registering for these classes, it is highly recommended that the student assess his or her total course schedule as well as the amount of involvement in extracurricular activities. Students should consider including at least one study hall each day for additional assistance and an opportunity for make-up after an absence.
**VALLEY HONORS DIPLOMA PROGRAM:** Successful completion of the following classes at Valley, including senior exhibition, will result in the Valley High School Honors Designation on the Valley diploma at graduation. Up to 5 elective credits may be transferred in from other institutions if the courses are not offered at Valley High School. To meet the Honors Designation World Language requirement, a student must have successfully completed a minimum of four years in the same language. The application process is enrollment in the Honors Diploma Track. A GPA minimum of 3.5 is required to enter the program. A GPA minimum of 3.9 is required to graduate with an Honors Diploma.

The Valley High School Honors Program provides an enriched course of study that includes AP courses in the core areas with a supportive cohort of students. Students who maintain a 3.9 GPA and complete all course work receive the designation of Honors Program Scholar on their Valley diplomas.

Students who successfully complete all four advanced courses in the core areas at Valley Southwoods and who earn a 3.5 GPA are eligible for the Valley Honors Program.

Sophomore Honors Program students will be scheduled into Advanced Placement classes in the core subjects (social studies and science) with a cohort of students also enrolled in the Honors Program. They will also take P.E. and two electives of their own choice. (See Course of Studies outline below).

Successful completion of all of the Honors Program courses at Valley, including the senior exhibition, will result in an Honors Program Scholar designation on the Valley diploma at graduation.

Following is the required course of studies for the Honors Program.
10th Grade
1. AP European History (DMACC course = World Civilizations: Ancient to Early Modern, and Western Civilization: Early Modern to Present; 8 credits) or AP World History
2. AP Chemistry (DMACC course = General Inorganic Chemistry I & II; 8 credits) or AP Biology (DMACC course = Biology I & II; 8 credits) or AP Physics (may take science classes in any order)
3. Advanced Composition and Advanced Contemporary Literature or World Literature
4. Algebra II and Trigonometry C
5. World Language (will continue in same language all four years)
6. P.E./Sophomore Seminar
7. Elective
8. Elective

11th Grade
1. AP U.S. History (DMACC course = U.S. History to 1877 and U.S. History 1877 to Present; 8 credits)
2. AP Literature and Composition (DMACC course = Introduction to Literature and Contemporary Literature; 6 credits) or AP Language and Composition (DMACC course = Composition I & II; 6 credits)
3. AP Chemistry (DMACC course = General Inorganic Chemistry I & II; 8 credits) or AP Biology (DMACC course = Biology I & II; 8 credits) or AP Physics (may take science classes in any order)
4. AP Calculus AB (DMACC course = Calculus I; 5 credits)
5. World Language (will continue in same language all four years)
6. P.E./Junior Seminar
7. Elective
8. Elective

12th Grade
1. AP U.S. Government and Politics (DMACC course = American National Government; 3 credits) and AP Macroeconomics
2. AP Language and Composition (DMACC course = Composition I & II; 6 credits) or AP Literature and Composition (DMACC course = Introduction to Literature and Contemporary Literature; 6 credits)
3. AP Chemistry (DMACC course = General Inorganic Chemistry I & II; 8 credits) or AP Biology (DMACC course = Biology I & II; 8 credits) or AP Physics (may take science classes in any order)
4. AP Calculus BC (DMACC course = Calculus II; 5 credits) or AP Statistics (DMACC course = Statistics; 4 credits) (Seniors 2014 and beyond can take AP Calculus BC or AP Statistics.)
5. World Language (will continue in same language all four years)
6. P.E./Senior Seminar w/ Senior Exhibition
7. Elective
8. Elective

Sophomore, Junior and Senior Seminars will be an opportunity for students to explore their areas of interest, reflect on their talents/skills, shadow adults in different career pathways, and create a thoughtful plan for the next three to five years to enable them to implement an in-depth project including their “area of concentration.” (This area of concentration can change at any time. It does not lock students into anything, but it provides them with focus or vision and “an end in mind.”)
# 2019-20 Valley Southwoods Daily Schedule

<table>
<thead>
<tr>
<th>Monday, Thursday, and Friday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early Bird: 7:30-8:14 a.m.</td>
<td>Early Bird: 7:30-8:14 a.m.</td>
<td>Early Bird: 7:30-8:14 a.m.</td>
</tr>
<tr>
<td>Period 1: 8:20-9:04 a.m.</td>
<td>Period 1: 8:20-9:45 a.m.</td>
<td>Period 2: 8:20-9:40 a.m.</td>
</tr>
<tr>
<td>Period 3: 9:58-10:42 a.m.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Period 4: 10:47 a.m. to 12:04 p.m.</strong></td>
<td><strong>Period 3: 10:25 a.m. to 12:20 p.m.</strong></td>
<td><strong>Period 6: 11:10 a.m. to 1:10 p.m.</strong></td>
</tr>
<tr>
<td>If you have <strong>First Lunch</strong></td>
<td>If you have <strong>First Lunch</strong></td>
<td>If you have <strong>First Lunch</strong></td>
</tr>
<tr>
<td>LUNCH: 10:42-11:12 a.m.</td>
<td>LUNCH: 10:25-10:55 a.m.</td>
<td>LUNCH: 11:10-11:40 a.m.</td>
</tr>
<tr>
<td>Period 4: 11:17 a.m. to 12:04 p.m.</td>
<td>Period 3: 11 a.m. to 12:20 p.m.</td>
<td>Period 6: 11:45 a.m. to 1:10 p.m.</td>
</tr>
<tr>
<td>If you have <strong>Second Lunch</strong></td>
<td>If you have <strong>Second Lunch</strong></td>
<td>If you have <strong>Second Lunch</strong></td>
</tr>
<tr>
<td>LUNCH: 11:08-11:38 a.m.</td>
<td>LUNCH: 11:07-11:37 a.m.</td>
<td>LUNCH: 11:52 a.m. to 12:23 p.m.</td>
</tr>
<tr>
<td>Period 4: 11:43 a.m. to 12:04 p.m.</td>
<td>Period 3: 11:42 a.m. to 12:20 p.m.</td>
<td>Period 6: 12:27-1:09 p.m.</td>
</tr>
<tr>
<td>If you have <strong>Third Lunch</strong></td>
<td>If you have <strong>Third Lunch</strong></td>
<td>If you have <strong>Third Lunch</strong></td>
</tr>
<tr>
<td>Period 4: 10:47-11:34 a.m.</td>
<td>Period 3: 10:25-11:50 a.m.</td>
<td>Period 6: 11:10 a.m. to 12:40 p.m.</td>
</tr>
<tr>
<td>LUNCH: 11:34 a.m. to 12:04 p.m.</td>
<td>LUNCH: 11:50 a.m. to 12:20 p.m.</td>
<td>LUNCH: 12:40-1:10 p.m.</td>
</tr>
<tr>
<td>Period 5: 12:09-12:53 p.m.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Period 8: 2:36-3:20 p.m.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Students are assigned to one of three lunch periods. Assignments will be rotated quarterly. All students are expected to remain in school during the lunch period unless they have received permission from the Principal’s office to leave the building with a parent or guardian.*
The West Des Moines Community School District does not discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age (for employment), marital status, sexual orientation, gender identity, genetic information, and socioeconomic status in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact the district’s Equity Coordinator Carol Seid, associate superintendent of Human Resources, 3550 Mills Civic Parkway, West Des Moines, IA 50265; Phone: 515-633-5037; Email: seidc@wdmcs.org.