

Dear VDM19 Dancer,

Thank you for taking the first step in becoming a Dance Marathon Participant! It is sure to be a fun night that you will remember forever. You will experience 4 hours of great music, games, activities, miracle families, crazy dancing, and wonderful memories. It'll be a great party! However, don't forget the reason you are registering to be a dancer - to make a difference in someone's life.



WHAT IS DANCE MARATHON?

It is not a dance or a marathon...it's a celebration of LIFE! (it's also a fundraiser). All the money raised through our event will be given directly to University of Iowa Stead Family Children's hospital through Children's Miracle Network to help children with life threatening illnesses. At VDM19, dancers (that's YOU!) will stand for 4 hours to symbolize our support for the families who spend countless hours in hospital waiting rooms.

WHO DOES IT BENEFIT?

- Children's Miracle Network
- 170 hospitals in the US and Canada
- 62 children every MINUTE
- Children from every county in Iowa

The Dance Marathon Executive Committee has worked really hard to make this event a success! We have lots of fun things planned throughout the night to keep you busy. Make sure you read this packet in its entirety; it is full of important dates, essential details, and helpful hints. Remember that you will be expected to stay for the duration of the event. You don't want to miss out on anything! If you need any assistance please feel free to contact us - we are here for you. Thanks again for making the commitment to Children's Miracle Network and saving lives!

Dayna Dunnwald

Dance Marathon Co-Director
dd31970@wdmcs.org

Justin Graves

Dance Marathon Co-Director
jg60011@wdmcs.org

DANCE MARATHON EXECUTIVE COMMITTEE:

Advertising - Kate Snodgrass, Vidya Lyer, Kristin Stein & Allison Blythe

Prize Donations - Sahithi Shankaihgari & Jacob Rydberg

Food Donations - Omar Mustafa, Sukhi Virdi & Mary Thomas

Event - Ethan Tuttle, Helen Gould & Bryan Stewart

Recruitment - Libby Blosser, Lauren Schulze, Dorothy Junginger & Clara Mintzer

Southwoods - Sydney Clark, Jacob Soto, Emma Acheson & Catie Johnson



DANCER INFORMATION

Friday, March 29TH

Check-In 5:15-6:00 PM*
Dance 6:00-10:00 PM
Location VHS North Gym and Fieldhouse

*Doors will close at 6:00 pm and reopen at 10:00 pm.

REGISTRATION

Registration Dates - March 6-8

- Each dancer must pay a **\$10 registration fee** which pays for your t-shirt and food.
- You can still register up to the date of Dance Marathon, but you are not guaranteed a t-shirt.

DONATIONS

Donations Due - March 29

- Each dancer is **required** to fundraise a minimum of \$20 for Children's Miracle Network.
- We highly encourage you to raise more! Ask friends, family, and even businesses to donate to this worthy cause. PRIZES and drawings based on donation level.
- Turn in your donations at Dance Marathon during check-in.

Win a 1-month teacher parking spot!

4 drawings for a 1-month teacher parking spot

Minimum \$50 donation to be in the drawing

For every additional \$20 you get your name in again

Increase your chances and raise more money
For The Kids!

CHECK-IN

March 29th from 5:15 pm - 6:00 pm

- All donations must be turned in by 6:00 pm or you will be unable to participate.
- Bring a **form of identification** or you will not be allowed in.
- Make sure to wear comfortable clothes that you feel comfortable dancing in all night! You'll get your t-shirt upon check-in (if you registered on time)
- Dancers must stay until 10:00 pm in order to get the full experience!

DONATION GUIDE

Each dancer is required to fundraise \$20 MINIMUM for Children's Miracle Network to be turned in at the dance

POSSIBLE DONORS: Parents, Grandparents, Extended Family (Aunts, Uncles, Cousins), Neighbors, Teachers, Counselors, Coaches, Co-Workers

*****The rest of the page is a SAMPLE letter for you to use when collecting donations. It is not required*****

Dear _____,

I am participating in the Valley High School Dance Marathon 2019. This is an event where I, along with other high school students, will be dancing for 4 hours to raise money for the Children's Miracle Network and Iowa Children's Hospital. The date of Dance Marathon 2019 is Friday, March 29th from 6-10pm.

All the money raised at Dance Marathon will be given directly to University of Iowa Children's Hospital through Children's Miracle Network to help children with life-threatening illnesses. At VDM19, dancers will stand for 4 hours to symbolize our support for the families who spend countless hours in hospital waiting rooms. Our funds to Children's Miracle Network will support 170 hospitals in the US and Canada, 62 children every minute, and children from every county in Iowa.

I am requesting your help to make Dance Marathon a success this year. Please consider donating so I may reach my goal to support this great cause. Please know that any donation you can make would be greatly appreciated! Checks and cash are accepted for donations. If you wish to write a check, please make it out **Valley High School**. Thank you for your time and support!

Sincerely,

DANCER NAME: _____

DANCER REGISTRATION FORM

*****Due by March 8th at 3:30 with \$10 registration fee*****

NAME: _____ ID NUMBER: _____

GRADE (circle one): 9 10 11 12 T-SHIRT SIZE (unisex sizing): _____

EMAIL: _____ CELL #: _____

PARENTS/GUARDIANS: _____

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

EMERGENCY CONTACT NAME (available night of dance): _____

EMERGENCY CONTACT PHONE NUMBER: _____

Liability Release

I have read the information packet in its entirety and understand all of the information provided. I hereby release all those involved with the Valley High School Dance Marathon from all liability for their negligence, including claims or suits, for injury, fatal or otherwise, or for property damage which may result from my participation in the Dance Marathon.

DANCER SIGNATURE: _____ DATE: _____

PARENT SIGNATURE: _____ DATE: _____

FINAL DUE DATE: March 8th at 3:30 pm

Turn in **this form & \$10 registration fee** to:

- Dance Marathon table at **lunch March 6th-8th**
- Mrs. Thoreson in main office at VHS OR Mrs. Bennett at VSW
- You *must* turn it in by the due date to get a t-shirt

Bring donations (**at least** \$20) and a form of identification to Dance Marathon March 29.